

## **Mentors Come in All Shapes and Sizes, Formal and Informal**

**by Patricia Fripp, CSP, CPAE**

What is a mentor? According to Greek legend, the goddess Athene liked to come down to earth disguised

Mentors come in all shapes and sizes, formal and informal. Usually your mentor is someone who takes a

In my own life, I've had many excellent mentors -- wise bosses who guided me and exciting clients who

Good mentors are the people who put the gas in your tank and give you a road map to where you want to

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Patricia Fripp is an [executive speech coach](#) , [sales presentation skills trainer](#), and award-winning [keynote speaker](#)

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