

## Recommended Sites

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Tuesday, 04 May 2010 22:53 - Last Updated Tuesday, 04 May 2010 23:11

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The Sedona Method - Release your problems and issues and start living how you want to.

[www.SedonaMethods.com](http://www.SedonaMethods.com)

Anger Management Free Resource

[www.psychresources.net/free\\_anger\\_management.html](http://www.psychresources.net/free_anger_management.html)